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INSIDE

SCHOOL BUS IGNORED

A Pelham father chased a driver who ignored a stopped school bus on Welland Rd., at Staines St. He said it happens too often in the dip along the Welland Rd., putting his children and his neighbours' children at unnecessary risk. It is usually the result of drivers speeding. This time it is alleged to have been drunk driving. See story and photos on Page 3.

TRACK: Second year in a row

Crossley grabs SOSSA track title

BERND FRANKE
PelhamNEWS Staff

Students from south Niagara high schools were a familiar sight in the winner's circle at last week's Southern Ontario Secondary Schools Association track and field championship at the Niagara Olympic Club.

None were more familiar than the E.L. Crossley Cyclone, who won the overall points title for the second year in a row. The Pelham high school, which had 11 first-place finishes, also won the girls title, while Ridgeway-Crystal Beach captured the boys championship.

"I brought out the trophy and told them that every point counts at a meet like this. Everybody was encouraged to finish one place higher than last year," said Crossley head coach Maryann Mergl, whose 45-member contingent qualified 29 athletes, including substitutes, at Thursday's meet

in St. Catharines.

The top five finishers in each category will advance to the south regional qualifier, which is scheduled for Thursday, also at the Niagara Olympic Club. From there top finishers go on to the Ontario Federation of School Athletic Associations championships which will be held June 3-5 at the University of Western Ontario in London, Ont.

Following are the south Niagara students who placed first in their finals Thursday.

Midget girls 4 X 100 relay: Danielle Laforest, Jesse Pychel, Alex Symonds, Alexandra Klein, Haley Rae, Notre Dame;

Midget girls triple jump: Alex Symonds, Notre Dame;

Midget girls discus: Ilyssa Boivevenue, Port High;

Midget girls javelin: Naomi Flagg, E.L. Crossley;

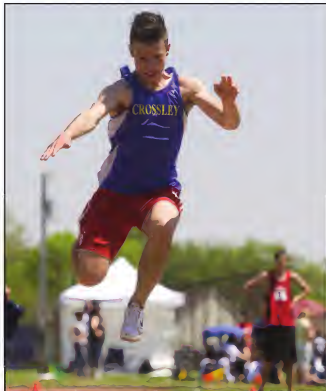
Junior girls 400-metre: Alannah MacDonald, E.L. Crossley;

Junior girls shotput: Sarah Moss, Notre Dame;

Junior girls discus: Sarah Moss, Notre Dame;

Junior girls javelin: Mackenzie Croft, Notre Dame;

see TRACK | A13



JULIE JOCSAK OMI Agency
Hayden Paterson of E.L. Crossley competes in the senior men's triple jump during the SOSSA meet held at West Park last week. See more photos, page 13.

See Inside:

INSERTS

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Year of action ahead: mayor

WAYNE CAMPBELL
PelhamNEWS Staff

PELHAM — This year the town will squeeze three years of projects into one.

Mayor Dave Augustyn in his "state of the town" address told the "Pelham-Welland Chamber of Commerce" Pelham can thank federal and provincial governments for stepping up the work.

Normally, the town would spend about \$5 million on capital projects but this year it will spend \$14.4 million including stimulation grants from upper levels of government.

"We're turning years of waiting into months of action," he told the business organization during the annual Mayor's breakfast held at White Meadows Farms.

Over the next few months, town residents will see major street reconstruction on Haist St. and Pelham St.

The mayor said the Haist St. project from Welland Rd. to Canboro Rd. is just starting up again. It is the sequencing of what would have been a three years of work into one. It will include sidewalks on both sides of the street, raised crosswalks as well as a new round with sewer and water line.

Augustyn used a power point presentation to explain what lies ahead. He pointed

to an artist's sketch of the new downtown.

"You don't see the hydro lines, you don't see cracks in the sidewalks," he said of a downtown becoming more pedestrian friendly.

Hydro crews are just starting the work now to put hydro line underground, he said.

In Fenwick, a \$2.7 million project is planned in the designing stage. The town has an application in for federal funding but hasn't heard back yet.

"It could be a case of no news is good news," he said.

The town now has design guidelines for a Community Improvement Plan.

"Council has earmarked \$100,000 that will be matched by the region," he said.

It will allow businesses to improve their facades and provide a fund for businesses to tap into.

In Fenwick, a replacement of Fine Station, No. 2 is in the process of designing and is expected to be done by March 2011.

The mayor said his daughter is excited about a project to replace playgrounds in nine town parks.

"The kids are chomping at the bit to get on them," he said. Work is now underway and will be completed by Canada Day. Normally, the replacement would have been spread



WAYNE CAMPBELL Staff photo

Welland-Pelham Chamber of Commerce past-president John Krall, executive director Dolores Fabiano and Pelham Mayor Dave Augustyn chat following the mayor's breakfast at White Meadows Farms, sponsored by the chamber.

over 12 to 15 years.

At town hall the town has just completed an addition to the town hall revamping the council chambers so councilors face the public, added a committee room and three offices. A \$160,000 federal grant helped to finance the project, he said.

On Monday, council held its first meeting in the new chambers.

Safety on Pelham St is moving along in response to a delegation from Glynn A. Green public school last fall and concerns over the years, he said.

A traffic light has gone up, a sidewalk is under construction between Elizabeth and Brock, and designing is underway to extend sidewalks and other safety features from Port Robinson Rd. to Quaker Rd. over the next few years.

The mayor pointed to new flashing lights at St. Ann Catholic School in Fenwick and a soon-to-be-erected pedestrian controlled light at A.K. Wigg school.

Other major projects coming are replacement to Maple Ace Library, which still requires funding from upper levels of government



WAYNE CAMPBELL Staff Photo

Mayor Dave Augustyn outlines projects in Pelham for the coming year to members of Welland-Pelham Chamber of Commerce gathered at White Meadows Farms.

and a report by a recreation facilities committee on the future of the arena and other recreation related projects.

Augustyn touched on a \$1-million water meter replacement program now underway in the town. The radio frequency meters will increase accuracy, detect water losses and reduce checking time from two weeks to half a day.

"We have about 20% of water usage we're not sure where it is," he said.

Pelham is playing Sim City for real, said the mayor as he turned to planning issues.

The Official Plan is expected to be finally enacted this summer after years of struggling with provincial planning changes, he said. Similarly, a secondary plan for east FortHill is moving closer to accommodate a

potential 5,000 new residents for a town of almost 17,000.

On the regional side, a reconstruction of Regional Rd. 20 from Cataract Rd. to Hwy 406, is planned for this year and from Rice Rd. to Station St. in the next year.

Chamber executive director Dolores Fabiano said the annual mayor's breakfast provides the business community with an overview of what is happening in the town.

It is a well attended event for that reason, she said.

White Meadows Farms, which hosted the event, is celebrating the 10 anniversary of its dining hall.

Augustyn called the popular maple syrup farm and producer a "poster child" agritourism.

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■ SAFETY: Staines St. at Welland Rd.

tempo

Father follows driver who passed stopped school bus

WAYNE CAMPBELL
PelhamNEWS Staff

A father, frustrated by drivers who ignore school buses stopped on Welland Rd., last week chased one.

Ron Sayles said he was waiting at the end of Staines St. last Wednesday afternoon for his two children and their three neighbours to get off the school bus and cross Welland Rd.

The westbound bus stopped with its lights on and safety arm extended. An east-bound car came up almost to the bus, stopped and then started to move again just missing the children as they started to cross.

Sayles said that was too much. He gathered his two children into his truck and followed the car.

As it went down Welland to South Pelham it was weaving, he said. At one pointed the car pulled into a driveway where a boy was shooting hoops at a basketball net (and then backed out).

He phoned the police and followed the weaving car down South Pelham to Fitch St. through the Fitch St. plaza and onto Willson Rd.

There the police stopped the car, arrested the driver and changed him with drunk driving.

"Can you imagine being drunk at 3:30 in the afternoon," said Sayles.

He said he acted because he was tired of watching cars go by the school bus.

They are going too fast going down Welland Rd. in an area with a 50 kilometre an hour limit, he said. The school bus comes in a dip between rises in the road to the east and west.

While it is an awkward corner, Sayles, his wife Jennifer and their neighbour



Glynn A. Green Public School students Brodie, Bradon and Meganne Bachur, and Matthew and Megan Sayles cross Welland Rd. from the top of Staines St. to get on and off their school bus. The crossing is at the bottom of a dip with the road rising to the east and west. The students' parents say traffic along the road moves too fast, ignoring the 50 km/h speed limit. The speeding drivers often ignore stopped school buses and drive by when students are crossing.

WAYNE CAMPBELL Staff Photo

Catrina Bachur, who were waiting for the bus to arrive, said they can't understand why people would ignore a school bus and children crossing.

"Our children are the first on and last off," said Bachur about the five students in Grades 1, 3 and 6 at Glynn A. Green public school. "They spend about a half hour on the bus each way."

The parents praised the bus driver for trying hard to ensure the safety of the children.

Some cars slow down but don't stop, said Jennifer Sayles. They sneak up on the bus from behind.

The parents want to see an increase in speed enforce-

ment along the road especially in the morning and afternoon.

"They could make a lot of money if they had a radar gun right here," said Ron Sayles standing at the top of Staines, a dead-end street.

Catherine King, chair of the Pelham Community Policing Committee, said she sympathizes with the parents' concerns and has passed information about Welland Rd. speeding to police.

Staines St. could become a Speed Watch location. The committee sets up a radar unit with a display board to alert drivers that they are going too fast.

If committee volunteers have a police officer with

them, the officer will give out tickets. If not, committee members will jot down licence plate numbers and turn them over to police, she said.

"The police will send out warning letters," she said.

Niagara Regional Police Superintendent Geoffrey Skafield told Pelham town council Monday the police service has intentionally increased traffic enforcement since 2007.

It is trying to reduce the number of serious injury collisions especially in rural areas of the region, he said.

In District 3, which includes Welland and Pelham, he said increasing the number of tickets given

out has seen a decrease in the number of serious personal injury collisions. The police plan to continue the ticketing level.

Skafield came to town council to outline police enforcement in the town. In particular, he said he wanted to encourage residents to contact them.

"Please call police no matter how small the matter," he said.

With the information, police can get a clearer picture of problem areas and create strategies to deal with it, he said.

Recently police officers had delivered 800 letters to residents in parts of Fonthill providing tips to reduce risks of break-ins to cars, homes

and sheds.

"We hand-delivered them to encourage contact between officers and the public," he said.

The letters were delivered to homes in a targeted area around Hais St. and Pelham St. where there had been a series of break-ins.

Skafield said NRP's wants to encourage a partnership with the public.

Sayles said he was careful during his impromptu partnership when he chased the driver.

"I had my kids with me so I stayed back," he said.

The police officers who stopped the driver and handcuffed told him, they tend not to encourage people to do this for safety reasons but thanked him.

Staff Sgt. Al Deroche said, Thursday, the driver was a Welland resident who was arrested, charged with operating a motor vehicle with a blood alcohol level over .08.

He said the police do appreciate the help. They encourage anyone to call 911 or the dispatch number as soon as possible with as full a description of the vehicle as possible such as colour, type, licence plate if possible, number of people in car, direction they are going and what they are doing.

However, Deroche said they do not want people to put themselves at risk or violated the rules of the road in follow or use a non hands-free cell phone.

"We do get a lot of calls about drunk driving from people on the road and workers at drive-thru restaurants," he said, "and we do appreciate the help."

wayne.campbell@wellandtribune.ca

comment

Canadian economic leadership

Of farmers and migrant workers

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PUBLISHER, OSPREY MEDIA
Wayne Campbell, editor

perspective



Wayne Campbell
EDITOR

Prevention is worth it

Few journalists have not experienced the address of a fatal accident involving a teenager.

Too often, someone was drinking or otherwise impaired.

It's tragic when a driver dies for underestimating his condition or overestimating his skill.

No one deserves it because of youthful flamboyance. As of us will remember similar risks we took.

Unfortunately, those lost too often include passengers in a car or other drivers and passengers in the wrong place at the wrong time.

So you have to cheer the efforts of Crossley's CARB Club.

The group of students arranged for a mock crash demonstration by the Niagara Regional Police, Pelham Fire Department, Emergency Measures Services Niagara and the Crossley from Iawn.

With the help of Crossley drama students, they put on a realistic show. They thought. They did what they normally do. You had to remind yourself crews were playing.

Then CARD (Crossley Advocates Responsible Decisions) followed up.

"On the front foyer windows is a display 'It Could Have Been You' where we have photos of 20 students from various grades posted, along with actual case studies of incidents related to accidents caused by impaired drivers," said staff advisor Trish Rybicki in an e-mail.

Last Friday, the club members wore T-shirts with sobering messages.

We all hope it works. Actually it will. Unfortunately, a few will never know.

Prevention programs are all the thing. They persuade people not to do something. Don't drink. Don't drive. Don't get into that car and call home for a ride.

You never know how many people take the advice.

If, however, one person does and it avoids a crash and a death or two, the prevention efforts are worth it.

Prim Minister Stephen Harper has been leading the charge against a new proposed global bank tax that would place additional strains on our still fragile economic recovery. This new tax is the favored route of the European Union and the International Monetary Fund to help prevent taxpayer money being used to bail out banks in the future.

The problems that I see with



Dean Allison
FROM THE HILL

this proposal is that it is an added tax at a time when the economic recovery is fragile, and it in effect penalizes Canadian financial institutions which remained strong and prosperous while many of the world's banks failed.

Rather than look to Canada's banking model for the answer to why our banks remained strong, there is a global push to tax the banks and create a fund to save them in the future, instead of using taxpayer's dollars.

Of course, such taxes are passed on to the consumer anyway so either way we pay for poor investments made by the global banks.

see ALLISON | A6

Benjamin Moore

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Questions from the community

You will recall that a couple of weeks ago, I wrote that the recreational facilities committee will be making a report soon.

Over the years, many people have asked me questions that I hope will be addressed in that imminent report.

Does Pelham need more ice time or another ice pad? Will we need more ice in the future?

What is the historic usage for the arena? What is the current usage? What is the projected need? While it is projected that Pelham's population will grow by 6,000 people by 2031, because of an aging population, does that mean that the number of arena users will grow? Some say that the current usage is more than 100%, but what does that mean when I drive by during the day and the arena is not being used?

Has Pelham Minor Hockey or Pelham Figure Skating committed to additional ice time? What about girls hockey? What other community recreational facilities will be needed in the future?



Dave Augustyn
MAYORAL VIEW

If the need is evident, can you add-on to the current arena (as originally envisioned)?

Wasn't the current arena built so that it could be added-on to? Because of the condition of existing building, would that be like throwing "good money after bad"? Is adding-on even possible? Could Pelham add a new ice surface and all new dressing rooms? Is there enough property to add-on? How would that impact adjoining properties?

If the need is evident, can Pelham build a new twin-pad arena on the current site?

If Pelham cannot add-on, is there enough property at the current site to construct a twin-pad? If you are building new, what else should be included? It would take months to construct a new twin-pad; could it even be done while the existing arena operates? Would it increase

traffic? Where would Pelham relocate the soccer fields, multipurpose court, platform tennis, and parks and recreation compound that are currently on that property?

If it cannot fit on the current site, will a new facility fit on the town-owned property at the corner of Rice Road and Highway 20? Would you need all of the 32 acres? Didn't council vote to sell that property? Will the property costs be added to any construction costs? What would happen to the current arena property?

How much would each of these options cost?

Can Pelham taxpayers afford the capital and construction costs? Can Pelham afford "not to" do it? What about grants? What about partnering with another city or town to save money and better use resources? How much would the increased operating costs be and can we afford that?

You may contact Mayor Dave Augustyn at mayordave@pelham.ca or read past columns at www.pelhammayoradave.blogspot.com.



Arnie Dyer

Strangely, in a way, The Fifth of May has actually become a bigger deal in the United States and some other places than it is in the country of its origin, as a celebration of Mexican heritage and culture, especially in the areas with lots of Mexican-American people.

Our Niagara farm community has, as we all know, a symbiotic relationship with migrant workers, many of them coming up here every spring from that large and poor country south of the Rio Grande.

Arnie, who lives right alongside what was, until a few years ago, a pear orchard, is now a tree nut grower and found himself casually wondering how much the day means to the Mexican labourers who work so hard on the vineyards and nurseries near his Canadian home.

He happens to speak enough Spanish to have little chat-chats with those men. Studying the Spanish language is probably not a hobby for most Canadians, but it is for him and Donna Jean, his wife. Different strokes, you know.

In his short and very pleasant conversations with the Mexican guys, Arn has talked about the weather, his dog, offered an ever so gratefully received old bicycle, made poorly understood observations about the trees or crops, and heard details about how the fellas leave their families for eight or nine or ten months a year to come up here to provide them a better life back home.

He's never had occasion, though, to ask about the significance of the Cinco de Mayo celebration to these men who are his friendly neighbours for most of each year.

This particular spring has, however, given us pause for thought on the meaning of the day to the farmers those guys work for, here in the Niagara Peninsula.

see MIGRANT | A5

MIGRANT

FROM PAGE A4

The original meaning of the Cinco de Mayo celebration has to do with the victory of a ragtag force of a couple thousand men against 6,000 invading European troops in a nearly bankrupt country which was, like so much of the Americas a few hundred years ago, the object of unwanted affliction.

The battle itself was not a major strategic victory, but it was a great moral one that helped give the Mexican people the will and resistance to keep fighting to maintain ownership of the country where they lived. The farmer's battle is a different one. But it's a battle, too.



This April was warm and dry. Perfect, coming on the heels of one of the mildest winters ever. Tons of spring crops planted and off to a great start, after last year's bad winter, slow spring, and summer that never happened. A summer that lacks sunshine is a lousy thing for the factory worker and his family who look forward so much to their weekend at a cottage or a park, or by the pool, but it's a disaster for a farmer.

And on May 3, at just about the right time, there was a steady, solid, rain throughout almost the whole day.

A cause for celebration.

One small victory in a long

war against the superior forces nature has to throw on. It's still a long way to go for the people who make their living off the land, but it's a good start and a moral victory. Living right next door to the hired hands in the fields and orchards, and talking with them briefly from time to time, or just waving as they go by on their way to the local country store after work, to encourage

a "Buenas dias, amigos," or a "Corro esta, amigos" may do more to encourage the steady nature of these men, their good nature in the face of hardship, their willingness to make the best of whatever happens, and their resilience to adversity. Amie knows some of the local farmers, too, says "Hello" to them regularly, exchanges conversation with them at their

homes or the edges of their fields, or at the Farmers' Market or the downtown concert series at the Fonthill bandshell. Sometimes, like now, he finds himself thinking about the similarities between the men who own the land and the men who work for them.

It's a tough job for them all, and one that deserves a tip of the hat once in a while.

So here's hoping the Mexican fellas got a little something special out of this year's Cinco de Mayo, and that the men and women who give them the work that provides their families, and ours, a better life, got a little something out of it, too.

And here's wishing you good luck the rest of the way, guys. Farmer and farm-worker, you always need it.

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■ ALLISON

FROM PAGE A4

This proposed solution does not get to the root of the problem and allows banks to continue to make the risky investments that got them in trouble in the first place.

One could argue they would have more incentive to gamble as they know there will be a fund backing them up.

Our Canadian solution would be to regulate the global banking industry so that dubious, risky investments would not be allowed. Any new tax has the potential of hurting an economic recovery, and Canada's economy is predicted to lead the G-7 in growth for both this year and next.

Our banks have been recognized as the most sound in the world. Recent editions of the influential magazine *The Economist* call Canada an "economic star" and refer to our economic recovery as "The Goldilocks recovery."

Indeed, the most recent Statistics Canada reports indicate that not only is our fragile recovery continuing, but a record 108,700 new jobs were created in April, lowering the unemployment rate to 8.1%. That is the largest monthly job gain on record.

Our Economic Action Plan is enabling projects such as the West-Niagara YMCA, Marydale Park and the upgrading of the Grimsby Wastewater Treatment Plant, and we remain committed to taking measures that will help our economic recovery, not hurt it.

As your MP, I can say with confidence that Canada's growth and creation of new jobs remains our government's top priority. I am proud of the position that our government is taking to fight the creation of this new tax credit widely-subsidized financial institutions.

Dean Allison is the Conservative MP for Niagara West-Glanbrook.

■ CONSERVATION: Crossley students help conservation area

Donation at musical helps Wainfleet bog

WAYNE CAMPBELL
Pelham News Staff

PELHAM — Wainfleet Bog visitors will benefit from a high school play about a water conservation.

E.L. Crossley students donated \$119 to the Niagara Peninsula Conservation Foundation to assist the restoration of the bog.

They raised the money during a run of Urinetown.

The Tony-award-winning musical is about a town that has run out of water. Residents now have to pay every time they use a washroom. If they don't, they're punished by a greedy corporation that keeps raising the rates.

In keeping with the theme of the environmental satire, audience members were asked to donate when they went to the washroom during the musical.

Teacher and musical conductor Janine Barber said students in the production chose the Wainfleet Bog as a local water-related project.

Crossley draws its students



WAYNE CAMPBELL, Staff Photo

Colin Robertson and Daniela Rizzo, members of E.L. Crossley Secondary School's EARTH club who worked on Urinetown. The Musical, present \$119 to Terry McDougall, executive director of the Niagara Peninsula Conservation Authority.

from Wainfleet as well as Pelham.

Daniella Rizzo, who played in the pit band and member of the school's EARTH club, said the donation isn't large but hopes it will bring attention to the bog project.

She joined stage manager and EARTH club member Colin Robertson to present a cheque to foundation executive director Terry McDougall.

They did it in front of a tulip

tree in a Crossley garden area planted with flowers, bushes and trees by EARTH club members. Both the conservation authority and Town of Pelham use the local tulip tree as a symbol.

McDougall praised the donation, the EARTH club's conservation activities and the interest in the Wainfleet Bog shown by the students in the musical.

The conservation authority is slowing extending trails through the bog and clearing out intruding vegetation as it tries to restore it to its natural state.

"It has many species rare to

the area," she said. They include massasauga rattlesnakes and spigatum moss.

The Wainfleet Bog Conservation Area covers 801 hectares (1,980 acres) and was purchased by the NPCA in 1996. It straddles the border of Wainfleet and Port Colborne and is the largest, least disturbed peatland in Southern Ontario.

McDougall said the bog hasn't drawn a lot of attention since the environment of its purchase so she thanked the students for helping out.

The foundation raises money for conservation authority projects. She said it has become particularly active over the past few years because of cutbacks in government funding.

The conservation authority oversees conservation in the watersheds of creeks and rivers in the Niagara Region and sections of Hamilton County and Hamilton drained by the Welland River.

Including the Wainfleet Bog, it operates more than 30 conservation areas. It's website is www.npca.ca.

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Be There or Be Square

■ **ROTARY:** Leader of Ontario PCs

Hudak outlines vision of Ontario

■ **TECH SKILLS:** Provincial competition

Crossley student earns medal

For Pelham NEWS

WATERLOO — Sierra Fishbach of E. L. Crossley Secondary School was among Niagara Region students who brought home 22 medals from the Ontario Technological Skills Competition. It was held at Earl Park in Waterloo May 17 and 18.

Fishbach received a bronze in secondary job skill demonstration. More than 1,600 students in more than 60 trade and technology areas from across Ontario competed at the 21st Ontario Technological Skills Competition. It is an Olympic-style, multi-trade and technology competition for students and apprentices in Ontario.

Those studying a skilled trade or technology test against stan-

dards and against peers. They strive for the crown of the best in their discipline. Co-ordinated by Skills Canada - Ontario, this year's theme was Where the Future Performs. Those who excel at trades and technologies aren't often given the same opportunity to shine publicly as they create a delectable menu, a perfect weld, a masterful carpentry project, an industrial part to exacting specifications, a fully realized animated character, or a working small engine.

"The youth of Ontario have demonstrated their abilities in the skilled trades and technologies with tremendous passion," said Gail Smyth, Executive Director of Skills Canada - Ontario in a news release.

see COMPETITION / A9

KAESHA FORAND
PelhamNEWS STAFF

There are a number of strategies the Progressive Conservatives would like to implement to return Ontario to the prosperous province it once was.

On May 19 Tim Hudak spoke to Fonthill Rotarians and shared his vision for Ontario.

The Niagara West-Glanbrook MPP and party leader spoke about his 10 for 2010 plan, which advocates different ways to create jobs to dig the province out of its recession and features 10 ideas to bring jobs back to Ontario in 2010.

"Not long ago, Ontario offered opportunity and

produced the best hospitals, roads and schools," he said.

"I feel that is under threat ... We need to take Ontario down an entirely different path."

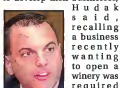
Hudak said better paying jobs should be created to help all the people who once worked at Dana and John Deere.

He also asked that residents "submit your ideas for how to make Ontario a better province."

The 10 for 2010 plan includes targeted tax relief, an end to payroll tax to encourage businesses to hire new staff and eliminating the land transfer tax to boost construction.

Excessive regulations and red tape also means busi-

nesses have to work harder to develop their businesses,



Tim Hudak

nesses with very similar information.

To help curb wasteful government spending, he would like to see ministers and

branches of the government post and justify all big-ticket spending online, contracts worth more than \$10,000, in addition to reporting the cost of trips and other expenses.

"We need to focus our spending," he said. "And turn every Ontario family into a watch dog."

He concluded by saying he believes Ontario's residents can work together to restore Ontario. He the banner.

"I'm an optimist, I still believe Ontario's best days are yet to come."

kforand@wellandtribune.ca

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Niagara West - Glanbrook

Dave Augustyn
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Dean Allison, MPP
Niagara West - Glanbrook

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Feeling a bit Constipated?

Constipation is defined as having a bowel movement fewer than three times per week. With constipation stools are usually hard, dry, small in size, and difficult to eliminate. Some people who are constipated find it painful to have a bowel movement and often experience straining, bloating, and the sensation of a full bowel.

Some people think they are constipated if they do not have a bowel movement every day. However, normal stool elimination may actually be three times a day or three times a week, depending on the person.

Constipation is a symptom, not a disease. Almost everyone experiences constipation at some point in their life, and a poor diet typically is the cause. Most constipation is temporary (thankfully) and not serious.

As a matter-of-fact, constipation is one of the most common gastrointestinal complaints in North America. More than 4 million people have frequent constipation, accounting for 2.5 million physician visits a year. Those reporting constipation most often are women and adults ages 65 and older.



Here's how your body works... as food moves through the colon, the colon absorbs water from the food and it forms stool (waste products). Muscle contractions in the colon then push the stool toward the rectum. By the time the stool reaches the rectum it is solid, because most of the water has been absorbed.

Constipation occurs when your colon absorbs too much water or if the colon's muscle contractions are sluggish, causing the stool to move through the colon too slowly. The stool then becomes hard and dry causing the whole process to back-up and plug.

If you are suffering from the discomfort of constipation or if you are not regular, we highly recommend you try CleanseMore from Renew Life. CleanseMore is a natural formula for relief of constipation. It stimulates the colon's functions and promotes elimination without the use of harsh laxatives.

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■ LIONS CLUB DONATION



JOE CSEH Pelham News Photo
Pat Norton, president of the Fonthill Lioness Club presents a \$1,000 cheque to Robert Yungblut, president of the Fonthill Lions Club (middle) and Fred Arbour, secretary of the Fonthill Lions Club.

■ LIONS CLUB ANNIVERSARY



JOE CSEH Pelham News Photo
Fonthill Lions Club celebrates its 65th Anniversary. Sitting front row: Gord Klager, 65-year charter member, and Joe Terescsik, 60-year member. Back from left: Clyde McComus, 33-year past member, District Governor John W. Buchner, Clay Strickland, 20-year past president and member, Robert Yungblut, president Fonthill Lions Club and 19-year member, Gerry Hyrtle, 20-year past member.

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■ COMPETITION

■ ENTERTAINMENT: Fireworks Saturday night

Skills on display

FROM PAGE A7

"All of the competitors should be very pleased with the results achieved at this year's competition - they are all winners for choosing a vocation that they enjoy and have the opportunity to excel at in the future," she said.

"Their hard work and efforts to prepare for these contests was very evident. Congratulations to the competitors as well as the coaches, teachers and families for their support."

Local medals winners in addition to Fishbach were:

Adam Vendromin of Thorold of MTCU - Western 2 with a gold in post-secondary auto service technology.

Diana Vandenberg of Welland from St. Michael High School with a gold in secondary electronics.

Julia Felvo of Welland from MTCU - Western 2 with a gold in post-secondary hairstyling

Jack Lucken and Alex Emmerson of Welland from Centennial Secondary School with a silver in secondary carpentry for a team of two.

Tiffany Rensen of Welland from Eastdale Secondary School with a bronze in secondary baking.

Andrew Fidler of Welland at MTCU-Eastern with a bronze in post-secondary electrical wiring.

The Ontario Technological Skills Competition is hosted by Skills Canada - Ontario a not-for-profit organization to develop of youth and industry in Ontario. To make the 21st Ontario Technological Skills Competition a reality, \$5 million worth of tools, equipment, material and supplies were donated by sponsoring organizations.

More than 60 school boards and all Ontario community colleges as well as many private colleges send competitors to the compete.

PelhamNEWS Staff

The Fenwick Lions Club Carnival kicks off Friday night with the traditional parade through downtown Fenwick.

The parade features local floats entered by firefighters, businesses, clubs and young people with bikes and other vehicles.

It lines up at Bethany Christian Church for a 6:30 p.m. start and after rolling through the downtown ends at Fenwick's Centennial Park.

Meanwhile, political leaders are trash talking each other while we get ready for the third Charity Chili Cook-Off for Pelham Cares.

The popular choice contest is Saturday 2 p.m. to 4 p.m. with \$1 minimum donations going to Pelham Cares. Last year the contest among the mayor, MP and MPP took a pause.

This year Ontario PC Leader and Niagara West-Glanbrook MPP

Tim Hudak said he will pit his top-secret recipe against that of reigning chili champion Pelham Mayor Dave Augustyn and Niagara West-Glanbrook MP Dean Allison.

Still stewing after two consecutive second place finishes, Hudak said in a news release: "much to my dismay, I've had to settle for second place in the two years we held the Cook-Off. I think 2010 is finally my year to shine" said Hudak.

Augustyn and Allison have their version.

"Watch out guys - my new recipe is a winner. Try it if you dare," said Allison.

Augustyn turned to local help.

"Ron Korr of Fonthill Sobey's decided to back a champion! That's why Ron is donating all the best ingredients for my 'ultra-tasty' chili recipe that has been two years in the making," said Augustyn.

Fenwick Flossie will keep the event cool as guest referee.

Other highlights for the weekend include three days of midday,

fireworks on Saturday night and hearty breakfasts on Saturday and Sunday mornings.

Sunday features a Cow Plop with Bessie lining up the winning lottery square.

The carnival begins the summer season as Fenwick Lions and Lioness use it to entertain the community and raise money for their various charities

Line up for weekend includes:

FRIDAY NIGHT, MAY 28:

5 p.m. The Midway opens
Lioness Penny Sale and Book sale in the clubhouse

5 p.m. Displays by local automotive, motorcycle, tractor & ATV dealers on baseball diamond No. 1

6:30 p.m. Carnival Parade Begins at Bethany Christian Church, proceeds north on Ballour St., west on Canboro Rd., & south on Church St. to Centennial Park.

11 p.m. Midway closes

SATURDAY, MAY 29:

8 a.m. - noon Breakfast served at the Food Booth

9 a.m. - 9 p.m. Displays by local automobile, motorcycle, tractor and ATV dealers on baseball diamond No. 1

Noon to closing - Lioness Penny Sale & Book Sale in the Clubhouse
1 p.m. - closing Midway Rides
2 p.m. - 4 p.m. Plant Auction
2 p.m. - 4 p.m. Chili Cook Off with our local politicians

10 p.m. Spectacular Fireworks Display

SUNDAY, MAY 30:

8 a.m. - noon Breakfast served at the Food Booth

8 a.m. - 4 p.m. Lioness Penny Sale & Book Sale in the Clubhouse
12 p.m. - 4 p.m. Midway Rides open - one price for rides all day

12 p.m. - 4 p.m. Displays by local automobile, motorcycle, tractor, and ATV dealers on baseball diamond No. 1

2 p.m. Cow Plop Lottery - Go Bessie!

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How to resist infection? Keep your mouth tissues in top condition. Remove your dentures more often, especially at night. Let's try to determine what elements of your diet might contribute to fungus growth. Best of all, have us evaluate your denture fit. In severe or chronic cases you may need to see your doctor.

Of course, life with a denture can be full and vigorous. But remember, your oral health will always need attention, denture or no denture.

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■ SAFETY: Fourth annual awareness day

Elementary students learn how to stay safe

For Pelham News Elementary school students from Pelham will be participating in an educational safety awareness program presented

by the Pelham Community Policing Committee.

The 4th annual Community Safety Awareness Day will be held in Centennial Park from 10 a.m. to 2 p.m. Tuesday June 1.

Students will have an opportunity to visit with Niagara Regional Police Services personnel from the canine unit, Emergency tactical unit and mounted police unit.

Elmer the Safety Elephant will meet and greet with the children all day. The Pelham Fire Department firefighters will have a fire truck on display as well as the Fire Safety House where children will have a chance to practice escaping from a miniature house as it fills with "smoke". Search and Rescue Niagara will bring its new rescue van and search dogs for display

and will be presenting a 15 minute lesson called "Hug-A-Tree" which teaches children what to do if they become lost in the woods. Niagara Public Health will have with a bicycle helmet safety display and the Think and Drive display.

CN Rail and the Little Obie Train will attend this year with activities and displays related to railway safety.

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■ JUMP ROPE FOR HEART: E.W. Farr Memorial School



WAYNE CAMPBELL Staff Photo

Emma Brownlee and Megan Frewin jump rope during E.W. Farr Memorial School's second annual Jump Rope for Heart event to raise money for the Heart and Stroke Foundation.

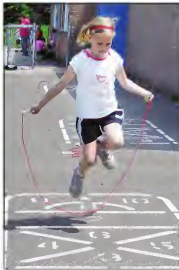


WAYNE CAMPBELL Staff Photo
E.W. Farr Memorial Public School students work together to turn a dollar in the school's Jump Rope for Heart fundraiser for the Heart and Stroke Foundation.



WAYNE CAMPBELL Staff Photo

E.W. Farr Memorial School students jump through hoops to raise money for the Heart and Stroke Foundation in the school's second annual Jump for Heart event.



WAYNE CAMPBELL Staff Photo

Sadie Freeman combines skipping rope with hop-scotch during a Jump Rope for Heart event at E.W. Farr Memorial School in Fenwick.



WAYNE CAMPBELL Staff Photo

Mitchell Waldt masters a leap through a hula hoop during a Jump Rope for Heart event at E.W. Farr Memorial School in Fenwick.

■ KNITTED DONATIONS



Supplied Photo

Beth Wilson of Singer's Corners Women's Institute is shown with articles knitted and sewn by members of the branch to be sent to Canada Comforts for distribution to developing countries or where disaster has struck.

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■ TRACK

Pelham high school grabs 11 first-place finishes

FROM PAGE A1

Senior girls 100-metre hurdles: Emma Suiciak, E.L. Crossley;

Senior girls 400-metre hurdles: Katie Kalchman, E.L. Crossley;

Senior girls 4 X 100 relay: Melissa Kohli, Hilary Reid, Emma Suiciak, Emily Gearing, Katie Kalchman, Becky Morris, E.L. Crossley;

Midget boys 100-metre hurdles: Todd Robinson, Centennial;

Midget boys triple jump: Ian Domenengato, E.L. Crossley;

Junior boys 100-metre dash: Colton Ambrosio, Notre Dame;

Junior boys 3,000-metre run: Brayden Seneca, Notre Dame;

Junior boys 100-metre hurdles: Nicolas Kattulic-Ducharme, Centennial;

Junior boys 4 X 100 relay:

Colton Ambrosio, Matt Mancuso, Ryan Dyck, Zach Macdonald, Cam Blakey, Notre Dame;

Junior boys pole vault: Andrew Michalak, Notre Dame;

Junior boys triple jump: Taylor Rivando, Jean Vanler; Senior boys 200-metre dash: Dylan Brennan, E.L. Crossley;

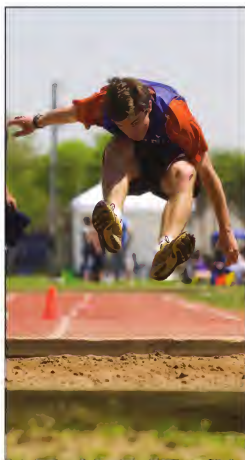
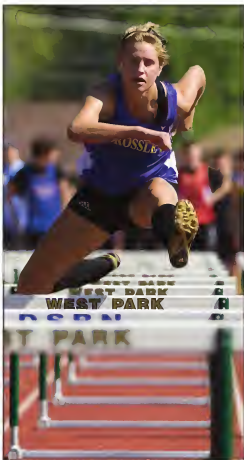
Senior boys 800-metre run: Chris Meidema, Lakeshore Catholic;

Senior boys 1,500-metre run: Chris Meidema, Lakeshore;

Senior boys 400-metre hurdles: Mitchell DelleMonache, E.L. Crossley;

Senior boys 4 X 100 relay: Brian Domenicucci, Lucas Schinkel, Chris Meidema, MacAvoy, Lakeshore Catholic.

sports@wellandtribune.ca



E.L. Crossley Cyclone athletes had a good day at the SOSSA track meet at the Niagara Olympic Club last week, taking home 11 first-place finishes, the girls' title and the overall points title. At left, Hayden Paterson competes in the senior men's triple jump. In the middle photo, Emma Suiciak competes in the senior girls' 100-metre hurdles, an event she went on to win. At right, Chris Sparrow competes in the senior men's triple jump

JULIE JOCSAK QMI Agency

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sports

■ **ROWING:** Stotesbury Cup Regatta

Technicality costs Crossley god in Philadelphia

BERND FRANK
PelhamNEWS Staff

An E.L. Crossley rowing crew's biggest win on the water at the Stotesbury Cup Regatta in Philadelphia was washed away by a heartbreak-

ing loss in the boardroom.

While the senior men's quad of Trofym Anderson, Brandon Griffin, Russell McKean and Mark Ventresca powered the boat that couldn't be beat, posting the fastest time in the first

round, in all of the semifinal heats and in the final, a technicality relegated their boat to "exhibition entry" status and prevented them returning home to Pelham with the gold medal and the Sonzogni Trophy.



Supplied photo

E.L. Crossley rowers Brandon Griffin, from left, Trofym Anderson, Russell McKean and Mark Ventresca celebrate their first-place finish, though not their victory, in Saturday's senior men's quad final at the Stotesbury Cup in Philadelphia. The Cyclone crew was only permitted to compete as an "exhibition entry" after a U.S. school protested that two of the Crossley rowers were in their fifth year of high school. In the U.S., high school eligibility is limited to four years.

Those were awarded to Malvern Preparatory School of Chester County, Pa., the second-place finisher the recent final and the school that disputed the eligibility of McKean and Ventresca to row for Crossley. Malvern maintained that as 12B students in their fifth year of high school, the two shouldn't be allowed to compete against U.S. schools, such as Malvern, that have an eligibility cap of four years.

After some discussion over the days leading up to the two-day regatta, Stotesbury officials finally allowed Crossley to participate, "but only as an exhibition entry," said Karen Bonham-Jonson, who researched the controversial issue on behalf of the South Niagara Rowing Club.

"It is a murky area because even though these 12B athletes qualify under the date of birth rules, the structure of our school system actually disqualifies them at the regatta," Bonham-Jonson, whose daughter Anna rows for Crossley, wrote in a news release.

"It is conceivable for an American student to be the exact same age, but only officially attending secondary school for four years."

Crossley head coach Pat MacNally strongly disagreed with the disqualification of

his crew. He maintains that eligibility on both sides of the border should be determined by date of birth alone, because the academic systems are different between the two countries as well as between public and private schools.

Whether this is adopted across the board -- not to mention, across the border -- remains to be seen. In a telephone discussion with Bonham-Jonson, Clete Graham, Stotesbury Cup's regatta director since 1995, would only say that the regatta committee plans to meet with high school athletic directors and discuss the issue.

"He said they plan to 'tighten up the language' in the eligibility rules," she told The Tribune. Another Crossley crew to advance to a final at the world's largest high school rowing regatta was the boys' lightweight eight of John Kukulny, Marcus Maddalena, Axel Kinners, Dylan Coffey, Gabo Klassen, Aaron Pye, Jacob Giesbrecht, Oliver Hunt and crosswin Elisabeth Thomas.

After pacing a 13-boat field in the time trials and finishing first in the semifinals, they lost the gold medal by 2.56 seconds to St. Joseph's Preparatory School from Pennsylvania.

Veronica Goldsmith, Shawna Griffin, Kathryn Hryckuk and Natalie Tavares rowed Crossley to fourth place in the freshman girls quad final, while crosswin Katie Lewis steered a Cyclone crew of Mackenzie Campbell, Emma Giesbrecht, Madeline Green and Erin Pryslansky to a sixth in the race for a medal. Crossley's senior girls eight -- Alex Butler, Anna Ionsen, Sarah Kerr, Heide MacMahon, Laura Mesaros, Meghan Oinonen, Rebecca Thompson, Kayla Wakulich and crosswin Jacob Koudys -- placed fourth in the final at Stotesbury as did Sydney Butler and Marissa Thalen in the lightweight girls double.

Notre Dame's Zack Fry finished third in the senior boys' single, the same final to which Jean Vanier's Aaron Mowbray failed to advance after suffering a non-rowing related foot injury the night before the regatta.

The lone athlete representing the Lynx in Philadelphia, Mowbray, finished 19th out of 44 in the time trials and sixth in the semifinals.

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Friday Night, May 28

5:00pm The Midway Oaks
Lioness Penny Sale & Book Sale in the Clubhouse

5:00pm Displays by local automotive, motorcycle, tractor, & ATV dealers on baseball diamond #1

6:30pm Carnival Parade Begins at Balfour Christian Church, proceeds north on Balfour St., west on Carleton Rd., & south on Church St. to Centennial Park

11:00pm Midway closes

Saturday, May 29

8:00am-noon Breakfast served at the Food Booth

8:00am-9:00pm Displays by local automotive, motorcycle, tractor, & ATV dealers on baseball diamond #1

Lioness Penny Sale & Book Sale in the Clubhouse

1:00pm-closing Midway Rides

2:00pm-6:00pm Plant Auction
Chili Cook-off with your local politicians

10:00pm Spectacular Fireworks Display

Sunday, May 30

8:00am-noon Breakfast served at the Food Booth

8:00am-6:00pm Lioness Penny Sale & Book Sale in the Clubhouse

12:00pm-6:00pm Midway Rides open - one price for all rides all day

Displays by local automotive, motorcycle, tractor, & ATV dealers on baseball diamond #1

2:00pm Cow Plop Lottery - Go Beeslee!



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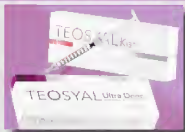
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BABY GREENS or
BABY SPINACH**
3.99 LB.

■ RECIPE: Whisking with Ruth

Strawberry-rhubarb crumble bars



Ruth Nixon
WHISKING
WITH RUTH

- 1 cup all-purpose flour
- 1/2 teaspoon baking powder
- 1/4 teaspoon salt
- 1/2 cup unsalted butter, room temperature
- 1 cup icing sugar
- 2 large eggs
- 1/2 teaspoon pure vanilla extract

It is that time of year. Spring has sprung... finally. The flowers are out, and more importantly, so is the rhubarb.

Here is a great recipe to celebrate this delectable fruit. Rhubarb was ruled a fruit by a U.S. court in 1947 since the question of whether it was a fruit or vegetable vexed so many farmers for so many years.

Strawberry-Rhubarb Crumble Bars

Yield: 16 bars

Ingredients

Strusel

6 tablespoons unsalted butter, melted, plus room-temperature butter for pan

1 cup all-purpose flour (plus a little extra for the pan)

1/2 cup packed brown sugar

1/2 tsp nutmeg

1/4 teaspoon salt

Cake

6 oz rhubarb, cut into 1/2-inch pieces

6 oz strawberries, hulled and sliced thickly

1 tablespoon brown sugar

Method
Preheat oven to 350 degrees. Butter an 8-inch square baking pan. Line with parchment paper, leaving a 2-inch overhang on two sides. Butter and flour parchment and pan, tapping out excess flour.

Make strusel: Whisk together butter, brown sugar, and salt. Add flour and nutmeg, mix with a fork until large crumbs form. Refrigerate until ready to use.

Make cake: In a medium bowl, combine rhubarb, strawberries, brown sugar, and 1/4 cup flour. In another medium bowl, whisk 3/4 cup flour, baking powder, and salt. In a large bowl, using an electric mixer, beat butter and confectioners' sugar until light and fluffy; beat in eggs, one at a time. With mixer on low, beat in vanilla, then flour mixture. Spread batter in prepared pan. Sprinkle with rhubarb and top with strusel.

Bake cake until golden and a toothpick inserted in center comes out with moist crumbs attached, 45 to 50 minutes. Let cool completely in pan. Using paper overhang, lift cake from pan. Cut into 16 bars.

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